

Head Over Heels

Choreographers: Andrew Palmer & Simon J. & Sheila A. Cox

Description: 56 count, 2 wall, beginner/intermediate line dance

Music: Head Over Heels by ABBA

WALK, WALK, KICK-BALL-CHANGE, PIVOT 1/2, KICK-BALL-CHANGE

1,2 Walk forward right, walk forward left
3&4 Right kick-ball-change
5,6 Step pivot half turn left (6:00)
7&8 Right kick-ball-change

ROCK, RECOVER, COASTER-STEP, TOE-STRUT, TOE-STRUT

1,2 Rock forward right, recover
3&4 Right coaster-step
5,6 Left toe-heel strut
7-8 Right toe-heel strut

ROCK, RECOVER, SHUFFLE 1/2, PIVOT 1/4, CROSS-SHUFFLE

1,2 Rock forward left, recover
3&4 Shuffle half turn left (12:00)
5,6 Step pivot quarter turn left (9:00)
7&8 Right cross-shuffle

ROCK, RECOVER, WEAVE, ROCK, RECOVER, WEAVE

1,2 Rock left to side, recover
3&4 Step left behind right, step right to side, cross left over right
5,6 Rock right to side, recover
7&8 Step right behind left, step left to side, cross right over left

MAMBO, MAMBO, ROCK, RECOVER, SHUFFLE 1/2

1&2 Rock left to side, recover, step left in place
3&4 Rock right to side, recover, step right in place
5,6 Rock forward left, recover
7&8 Shuffle half turn left (3:00)

ROCK, RECOVER, SHUFFLE 1/2, PIVOT 1/2, KICK-BALL-CHANGE

1,2,3&4 Rock forward right, recover, shuffle half turn right (9:00)
5,6,7&8 Step pivot half turn right (3:00), left kick-ball-change

PIVOT 1/4, KICK-BALL-CHANGE, ROCK, RECOVER, COASTER-STEP

1,2,3&4 Step pivot quarter turn right (6:00), left kick-ball-change
5,6,7&8 Rock forward left, recover, left coaster-step

REPEAT

RESTARTS

Facing back wall on wall 3, dance up to count 14 (left toe-heel strut), then add: step forward on right, pivot half turn left (12:00), start dance again.

Facing front wall on wall 6, dance up to count 4 (right kick-ball-change), then add: step forward on right, pivot half turn left, (6:00), step forward on right, pivot half turn left (12:00), start dance again.